

# AMY LAFKO

SPEAKER | AUTHOR

Amy Lafko is a leadership and organizational design expert, mainstage speaker, author and facilitator.



## THE MIND OF A LEADER

*Why leadership is a mindset, not a title*



### WHAT CLIENTS & AUDIENCES HAVE TO SAY

"Her passion and excitement are not lost on anyone in the room, and she presents in a way that **keeps attendees engaged and learning.**"

- Lisa K,  
Event Planner

"We rely so heavily on the presenter to ignite attendees and energize them for the conference. **Amy did this, accomplishing more than we had hoped for.** Her stories and valuable wisdom were true pivot points for our conference."

- Tandy G.,  
Director of Education, NAON

**"Amy's passion is infectious and genuine."**

- Beth S.,  
Vice-President

**Millions of dollars are spent each year on leadership skill development. But what if skills are only part of the equation?**

What if before people can act like leaders, speak like leaders, and get results like leaders, they must first distinguish the ability to think like leaders? Skills can only be successfully implemented with the right mindset and intentions behind them. Why? Because when leaders focus on putting out fires and reinforcing "the way to do things" – the very people they're trying to lead suffer. As a result, clients suffer, too.

In this keynote presentation, Amy Lafko takes the audience into the mind of a leader with humor and storytelling from her personal and professional experience. Through "the tale of two leaders" listeners will be challenged to examine their own mindset and intentions of leadership. Participants are invited to trade hubris for humility, to get curious, build gratitude, and be the calm and trusted guide through turbulent times. With a willing mindset and focused intentions, leaders can steer everyone to greater success.

**Being a leader is more than a title. Are you up for the challenge to embrace the mind of a leader?**

**CHECK OUT  
THE MIND OF A LEADER  
SPEAKER REEL!**



[www.amylafko.com](http://www.amylafko.com)

[amy@cairncs.com](mailto:amy@cairncs.com)

570-617-7836

# KEY TAKEAWAYS



## MINDSET

Have the foundation for the mind of a leader that comes before how they speak, do, and grow.



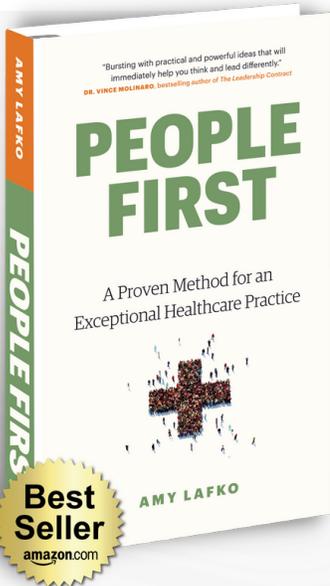
## OPPORTUNITY

See how the People First method benefits their team, organization, patients, and bottom line.



## APPROACH

Be equipped to build their portfolio of leadership strengths to grow their career and organization.



## WHY AMY LAFKO?

Amy Lafko is a leadership and organizational design expert, mainstage speaker, author, and facilitator. Known for her “People First” method, she brings a step-by-step process to put employee engagement and empowerment into practice. **Having spent 20+ years in healthcare leadership roles, her work is inspired by her personal transformation as a leader. That inspiration and her energy is multiplied every time she assists someone with their own shift in mindset and intentions.**

Her book, People First: A Proven Method for an Exceptional Healthcare Practice was an Amazon bestselling new release. In addition to founding Cairn Consulting Solutions, LLC and being certified in TTI Success Insights DISC, Driving Forces and Emotional Intelligence, Amy has earned her MSPT from Ithaca College, her MBA from Loyola University of MD.

When she isn't spreading the word about why and how to put your people first, you can find Amy traveling around the world (40+ countries so far), reminiscing about her first days in leadership as “Bubbles” the camp counselor, or enjoying a great bourbon cocktail with friends.

LEARN MORE ABOUT  
AMY'S BESTSELLING  
BOOK

BOOK AMY FOR  
YOUR EVENT

[www.amylafko.com](http://www.amylafko.com)

[amy@cairncs.com](mailto:amy@cairncs.com)

570-617-7836