



2026 NetWorks Summit Agenda Class of 2026

**Subject to changes*

Wednesday, April 29, 2026

APTA Centennial Center | 3030 Potomac Ave, Alexandria, VA

3:30 PM – 6:00 PM

Registration Open | 7th Floor

Arrive at the APTA Centennial Center and check in at the front desk. A staff member will guide you to the 7th-floor event space.

4:00 PM – 5:00 PM

Orientation for the Class of 2026 | Paris & Patla

Mike Horsfield, PT, MBA

5:15 PM – 6:15 PM

Opening Keynote "The Mind of a Leader" | Paris & Patla

Amy Lafko, MSPT, MBA

Sponsored by Shockwave Centers of America

In this interactive and experiential keynote presentation, Amy Lafko takes the audience into the mind of a leader with humor and storytelling from her personal and professional experience. Through "The Tale of Two Leaders," listeners are encouraged to examine their own mindsets and intentions of leadership. They will be challenged to let go of the patient-first mentality and shift their intentions to putting their people first.

6:15 PM – 7:15 PM

Networking Reception | Terrace

Join fellow Peer2Peer members for a networking reception on the Rooftop Terrace—a great opportunity to reconnect with returning participants and meet members from other NetWorks groups.

7:30 PM

Dinner with your group

To help groups get to know one another, **a reservation has been made for each Class of 2026 group**. Please note that dinner is self-funded, so everyone will be responsible for their own tab. *You can view your group's dinner reservation details [here](#), or find them on the P2P Hub under the New Members page.*

Thursday, April 30, 2026

APTA Centennial Center

7:00 AM - 8:00 AM

Breakfast on your own

If you'd like to hop on the Metro as a group to the APTA Centennial Center, meet in the lobby of the Hyatt Centric Old Town at 7:45 AM. It's a fun way to start the day together!

- 8:15 AM – 9:15 AM **"Shift Happens" | Paris & Patla**
Justin Moore, PT, DPT & Mike Horsfield, PT, MBA
- 9:30 AM – 11:30 AM **Operating Systems and Strategic Planning Principles | Paris**
Todd Gifford, PT; Julie Wingen, PT, DPT
Earn .2 CEU
- This course introduces physical therapy practice owners and clinical leaders to the 'Operating Systems' and demonstrates how structured business management directly supports high-quality physical therapy care. Using real-world examples from outpatient PT practices, the course connects Operating System principles to the daily operational and clinical challenges faced in physical therapy settings.
- 11:30 AM – 12:30 PM **Lunch Break (Lunch Provided)**
Enjoy a relaxed lunch with your group while connecting with new colleagues or catching up with old friends.
- 12:30 PM – 2:30 PM **Measure What Matters: Focus on What Matters Most | Paris**
Mike Horsfield, PT, MBA
Earn .2 CEU
- This course introduces the principles and practical application of Key Performance Indicators (KPIs) in the business of physical therapy practice management. Participants will learn how to identify meaningful metrics that reflect organizational health, operational efficiency, and patient outcomes. Participants will learn the value of benchmarking, disciplined scorecard review, and structured team discussions. The course concludes with practical strategies for the implementation of a data-informed continuous quality improvement system for patient care, staff engagement, and organizational performance.
- 3:00 PM - 5:00 PM **Individual Group Discussions | Room Assignments**
Groups will meet in the 7th-floor foyer for an escort to group rooms on other floors. Be sure to have the group discussion questions Mike drafted ready for your conversation.
1. Teaming Room 2B (2nd floor) - 2026-3
 2. Teaming room 3D (3rd floor) - 2026-1
 3. Conference Room 4A (4th floor) - 2026-4
 4. Worthingham Conference Room (3rd floor) - 2026-5
 5. McKillip Room (7th floor) - 2026-2
- 6:30 PM **Keep the conversations going at Dinner!**
Utilize [our restaurant guide](#) to create your own dinner reservation, either with your group or with new friends you've made during the Summit.
- 7:30 PM **Murphy's Grand Irish Pub | 713 King St, Alexandria, VA 22314**
Optional meet-up for dinner or a casual drink. Completely informal—just a chance to relax and spend time together after the day's sessions.

Friday, May 1, 2026
APTA Centennial Center

- 8:00 AM - 9:00 AM **Networking Breakfast** | 7th floor/Terrace
Wrap up the Summit with a casual breakfast and time to reconnect with peers you met yesterday. Bring your business cards to swap contact info before heading out!
- 9:00 AM - 11:00 AM **Mastermind Melds: *Come to these share-and-steal sessions*** | 7th Floor
Join us for a chance to connect with members outside your group. Choose **two out of four rooms** and dive into organic discussions, sharing insights, advice, and tips
- 9:05 AM – 10:00 AM **1. Growth Strategies**
↔
room switch
10:05 AM – 11:00 AM **2. Operating Systems Adaptations**
3. Marketing / Social Media
4. Niche, Cash-Based, or Solo Practice
- 11:00 AM - 12:00 PM **Closing General Session** | Paris & Patla
Mike Horsfield, PT, MBA

**Special
Thanks to
Our Sponsor**



The Opening Keynote is generously sponsored by Shockwave Centers of America, a manufacturer of high-quality, FDA-registered radial and focused shockwave devices, providing clinics with greater ability to help patients manage pain and support natural healing. The company provides complete training to practitioners across the country to deliver non-invasive treatment options for a range of musculoskeletal conditions, positioning itself as a resource for both patient care and clinical support.

A representative from Shockwave Centers of America will also be onsite throughout the day on Thursday and available during breaks if you'd like to stop by and learn more about their work with clinics.