**Basic Physical Therapy Equipment List**

Use the following list as a starting point and mental checklist to help you analyze your particular needs as you venture into your new practice. Clinical expertise, available space, available budget, prospective patient population, risk management, and the local market will all play a role in selecting equipment.

### Office Equipment
- Desk
- Chairs
- Waiting room furniture
- Door mats
- Various cleaning supplies
- Trash cans / Bags
- Computer, software, hardware
- EMR, Billing, & Accounting software
- Cash box
- Filing cabinet
- Patient chart materials
- Multi-function copier/fax/scanner
- Washer / Dryer / Laundry basket
- Refrigerator / Microwave
- Coffee maker
- Various kitchen / break room supplies
- Business stationery
- Referral pads
- Business cards
- Brochures, etc.
- Consult your office manager for ideas.

### First-Aid & Medical Supplies
- First Aid Supplies
  - Band aids: assorted sizes
  - Rubbing alcohol
  - Tongue depressors
  - Cotton swabs
  - Gauze
  - Athletic tape
  - Ace wrap
- A.E.D.

### Basic P.T. Equipment
- Treatment tables: wooden plinths
- Treatment tables: high-low adjustable
- Mat table
- Treatment room cabinets, chairs
- Large mirror for visual feedback
- Adjustable height exercise steps
- Linens: gowns, towels, sheets, pillows, pillowcases, blanket, etc.
- Step stools
- Therapist stools on wheels
- Variety of bolsters, wedges, supports
- Mobilization belts and devices
- Gait belt
- Various assistive devices
- Taping supplies
- Orthotics / Splinting materials

### Devices for Tests and Measures
- Goniometers
- Tape measures
- Grip dynamometer
- Manual muscle testing dynamometer
- Reflex hammer
- Neurological testing instruments
- Blood pressure cuff
- Stethoscope
- Thermometer
- Video analysis hardware & software
- FCE testing equipment or system

### In-House Educational Materials
- Skeleton
- Anatomical posters
- Anatomical models
- Tablet / Computer for patient education
- Health education posters
### Basic Physical Therapy Equipment List (Continued)

<table>
<thead>
<tr>
<th>Basic Modalities</th>
<th>Fitness / Exercise Equipment</th>
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<tbody>
<tr>
<td>- Hydrocollator with hot packs</td>
<td>- Adjustable height pulleys</td>
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<tr>
<td>- Small freezer for cold modalities</td>
<td>- Dumbbells: complete set of paired weights in 1# increments, 1-10#</td>
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<tr>
<td>- Ice packs</td>
<td>- Dumbbells: 10#, 15#, 20#</td>
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<tr>
<td>- Ice massage cups</td>
<td>- Cuff weights: set of paired weights in 1# increments, 1-10#</td>
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<tr>
<td>- Vaso pneumatic compression device</td>
<td>- Resistive tubing / Bands</td>
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<td>- Massage cream</td>
<td>- Putty</td>
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<td>- Reciprocal pulley</td>
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<td>- Medicine balls</td>
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<td></td>
<td>- Supine shuttle-style leg press machine</td>
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<td>- Multi-purpose, multi-joint, adjustable resistive machine</td>
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<td></td>
<td>- Multiple mode electrical stimulator</td>
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<td>- Electrodes</td>
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<td>- Traction unit, table and accessories</td>
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<td></td>
<td>- Iontophoresis unit</td>
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<td></td>
<td>- Paraffin bath</td>
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<td>- Treadmill</td>
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<td>- Upper Body Ergometer</td>
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<td>- Upright / Recumbent Bike</td>
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<td>- Parallel bars or wall bars</td>
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<td>- Balance boards—assorted types</td>
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<tr>
<td></td>
<td>- Various sports performance equipment: medicine balls, rebounder, agility ladder, plyometric station, sport specific equipment</td>
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<td>- Foam rolls</td>
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<td>- Gym ball</td>
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<td>- Lateral slide device</td>
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<td>- EMG biofeedback or diagnostic equipment</td>
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